

Orthopaedic rehabilitation

PATIENT INFORMATION FLYER



Designed to prevent orthopaedic
decline and improve capacity beyond
your previous limitations.

Eden
Private Hospital

health^e.care™

ORTHOPAEDIC REHABILITATION

Following your hip or knee replacement Eden Private Hospital's rehabilitation programs will assist to return you to your normal functioning.

This is a personalised and tailored program consisting of physiotherapists, occupational therapists and exercise physiologists, under the direction of your rehabilitation physician and in consultation with your orthopaedic surgeon.

We will improve your physical condition post surgery and provide you with the complete knowledge to improve recovery.

Program structure

- Two sessions per week over six weeks

How to access the program

Ask your GP or Specialist to refer you to Eden Private Hospital's Orthopaedic Rehabilitation Program.

The program is available through your private health fund, DVA, Home Care Package, NDIS or can be self funded.

Please call 07 5472 6472 and ask to speak to our Day Programs Manager to discuss your needs.

Eden
Private Hospital



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