

# Eden Rehabilitation Hospital

## DAY THERAPY REHABILITATION

### Our Specialist Rehabilitation Team

All patients are under the clinical management of a Rehabilitation Physician and treated by an extensive allied health team which includes:

- Exercise Physiology
- Occupational Therapy
- Physiotherapy
- Dietetics
- Speech Pathology
- Social Work
- Psychology
- Rehabilitation Nursing.

The Rehabilitation Physician will undertake a comprehensive assessment of the patient prior to commencing. The rehabilitation team and the patient will develop a personal program to meet the patient's goals and rehabilitation needs. The allied health team will lead the sessions each week and will monitor their recovery.



# Eden Rehabilitation Hospital

50 Maple Street, Cooroy QLD 4563

T 07 5472 6472

F 07 5447 7592

[edenrehab.com.au](http://edenrehab.com.au)



**SPECIALISED  
REHABILITATION  
SERVICES**

**Eden's Day Therapy Rehabilitation** programs are suitable for patients who have established rehabilitation needs but do not require overnight inpatient care.

Eden has provided quality rehabilitation to the Sunshine Coast community for under 20 years.



Programs are tailored to the patient's specific needs and goals, and managed by a multidisciplinary team of allied health professionals led by a Rehabilitation Physician.

Our experienced team work together to help patients regain strength and mobility, relearn skills and ultimately function with the highest possible level of independence and confidence.

### Day Therapy Programs

Eden's Day Therapy unit provides a wide range of specialty programs to the Sunshine Coast community. Patients can be referred to Eden for any of the following needs:

- Orthopaedic Program
- Neurological Program
- Reconditioning Program
- Pain Program
- Amputee Program
- Cardiac Rehabilitation
- Cancer Rehabilitation
- Falls Prevention Program
- Pulmonary Rehabilitation

Each program varies depending on individual patient needs however patients can expect to attend twice a week for between two to three hours. Programs generally comprise of individual consultations, group education and physical rehabilitation sessions.

### Cost

Eden Rehabilitation Hospital has agreements with most private health funds and Work Cover. We also have Tier One Provider Status with the Department of Veteran's Affairs.

Eden's Day Therapy team will check the patient is fully covered prior to beginning their day therapy program.

There are no out-of-pocket costs if patients have appropriate cover.

### What To Bring

To participate in the program patients are required to wear comfortable and loose fitting clothing and supportive and enclosed shoes.

### Referrals

We accept referrals from:

- General Practitioners
- Specialists and Surgeons
- Public and Private Hospitals.

Referring patients to Eden's Day Therapy Program is easy. Simply complete our referral form or write a referral letter and fax to 07 5447 7592. Referrals can also be sent to Eden Rehabilitation Hospital via Medical Objects. Our referral form is available at [www.edenrehab.com.au](http://www.edenrehab.com.au)

If there are any questions regarding a program please do not hesitate to contact our Day Therapy Rehabilitation Manager on 07 5472 6472.

